Nottinghamshire County Council



Neurodevelopmental Support Team.

Parent/Carer Support and Information sessions 2026.

An opportunity to meet other parents/carers with similar experiences.

What to expect when you come to the group for the first time:

We recommend you attend at the start of the session when we welcome & introduce everyone to the session.

Experienced staff from the NST are on hand to offer guidance, support, useful strategies and answer questions. Each session there will be a themed subject for group discussion.

Occasionally there will be a guest speaker and the scheduled themed group discussion may be rearranged.

Due to the organisation of the group, please do not bring children. This will enable you to participate in the discussions with parents and the practitioner. We cannot offer supervision, also we need to consider the confidentiality of other families and the health and safety for everyone in the meeting.

No booking or diagnosis required. **IMPORTANT**- Due to adverse weather conditions, over winter, the group may be cancelled at short notice. Occasionally group dates may be rescheduled so check the latest NST Newsletter for upcoming dates.

How the session will be delivered

- Session plan – signing in.
- Welcome and introductions to the group.
- Themed information and group discussion.
- Time for parents/ carers/ NST to talk with each other.
- Time to review the handouts and resources.

The group is centred around peer support & group discussion. Any enquiries may be resolved via FamilyServiceNST@nottscc.gov.uk

Arnbrook Family Hub, Home Close, Bestwood Lodge Drive, Arnold NG5 8EN

Tuesdays 09.30-11.30

8th September - Settling back into school/ Emotionally Based School Avoidance

6th October - Family relationships/friendships with guest speaker from ASK US Nottinghamshire

3rd November - Self-esteem, sense of identity, gender identity

1st December- Managing Christmas.

Chilwell Family Hub, Great Hoggett Drive, Chilwell, NG9 4HQ

Tuesdays 12.30-2.30

13th October - Family relationships/friendships.

8th December -Managing Christmas.

Priory Catholic Voluntary Academy. Raglan Street, Eastwood, NG16 3GT.

Thursdays 1-3

24th September - Settling back into school/ Emotionally Based School Avoidance

26th November- Self-esteem, sense of identity, gender identity

Bingham Library Eaton Place, Bingham, NG13 8BE

Thursdays 1-3pm

15th October - Family relationships/friendships.

10th December- Managing Christmas.

Cotgrave Candleby Lane School, Candleby Ln, Cotgrave, NG12 3JG

Wednesdays 13:00-15:00

9th Sept - Settling back into school/ Emotionally Based School Avoidance & guest speaker from Ask Us Notts.

4th Nov - Self-esteem, sense of identity, gender identity.

Butler's Hill & Broomhill Family Hub, Broomhill Rd, Hucknall. NG156AJ

Wednesdays 09:30-11.30

30th September - Settling back into school/ Emotionally Based School Avoidance

14th October - Family relationships/friendships

18th November- Self-esteem, sense of identity, gender identity

9th December - Managing Christmas.

Newark and Sherwood Family Hub, Bowbridge Rd, Newark, NG24 4EG

Thursdays 9.30-11.30

1st October - Family relationships/friendships.

3rd December- Managing Christmas & guest speaker from Ask us Notts.

New! Ollerton Family Hub Dukeries Academy Whinney Lane, New Ollerton, NG22 9TH

Thursday 9:30-11:30

10th Sept- Settling back into school/ Emotionally Based School Avoidance.

5th November, Self-esteem, sense of identity, gender identity.

Mansfield Woodhouse Family Hub, Swan Lane, NG19 8BT

Fridays 09:30-11:30

25th September - Settling back into school/ Emotionally Based School Avoidance.

16th October - Family relationships/friendships.

27th November - Self-esteem, sense of identity, gender identity & guest speaker from Ask Us Notts.