



PE Kit Expectations



If you are taking part in PE:

- Wear correct **Oakwood PE Kit** - Plain black or Oakwood bottoms including shorts, skort, tracksuit bottoms or sports leggings, Oakwood PE polo shirt, black football socks and sports trainers.
- If you are cold, wear the **Oakwood PE** quarter zip jumper over your Oakwood PE polo shirt. You may also wear a plain black long-sleeved top under your Oakwood t-shirt. A plastic bag to put dirty trainers and clothes in is also advisable.
- **NO JEWELLERY** of any kind, including all piercings (bring your own tape to cover these if they cannot be removed)
- **Long hair must be tied back** for the whole lesson, a bobble is part of the Oakwood PE kit.
- If you forget your PE kit you will need to **borrow some**, speak to your PE teacher at the **start** of the lesson. Refusal will result in an On-Call.

If you are ASKING to be excused from PE:

- Parents/carers must e-mail the PE department the morning of your lesson toa-pe@oakwoodacademy.org.uk or provide a written and signed note.
- Sometimes there are things you **CAN DO** in the lesson and just an element that wouldn't be possible. Your teacher will be understanding to this.
- **ALWAYS, ALWAYS, ALWAYS** bring your PE kit and get changed as you would normally do. There will be a role that you can do in the lesson even if not performing.