

Mock Exam Revision 2017

No.	Parts/sections to study	What I Need to know	My Quick Notes
1.	The combined pill	What hormones are in it What are its advantages and disadvantages	
2.	Other methods of contraception	<ul style="list-style-type: none"> • • • • • 	
3.	Know the key words for pre-conceptual care and be able to say what they are.	Sexually transmitted diseases (STI's) Rubella Hazards Genetic Counselling Folic Acid	
4.	Be able to explain the different types of family and know their advantages/disadvantages	<ul style="list-style-type: none"> • Nuclear family • Extended family • Adoptive family 	

5.	Food groups	Foods that contain carbohydrates Foods that contain protein	
6.	Antenatal classes	What they are Why they are important for the mother and father/partner	
7.	Safety labels: Their names What they look like What items are you most likely to see them on	Kite Mark BSI Safety Mark Lion Mark	Age Advice Safety Symbol CE mark Flammability label

8.	3 Stages of labour	Be able to describe using details for example how long the stage lasts and what happens during the stage. Try to write in sentences and not just bullet point.	Stage 1 notes
			Stage 2 notes
			Stage 3 notes

9.	What examinations are done on a baby after its birth.	Name at least 6 examinations <ul style="list-style-type: none">••••••	Explain what the examination is checking for
10.	Weaning	What is weaning Know two common ingredients to avoid when preparing weaning foods.	<ul style="list-style-type: none">••

11.	Childhood obesity	What it is How it could affect a child of school age	<ul style="list-style-type: none">●●●●●●●
12.	Thermometers	Know the two main types of thermometer available for young children and babies	
13.	Incubation Periods	What an incubation period is How long for Chicken pox How long for rubella	
14.	Statutory Services	Know the main statutory services in the UK	

15.	Benefits for low-income families	Know at least 5 benefits available	
16.	Types of referral	State at least five ways a referral could be made to a statutory service	
17.	Bonding	Be able to list at least five ways a parent/carer can bond with their baby	
18.	Types of play	Name the five types of play and be able to explain them	

19.	The different stages of play	Be able to name and explain the five different stages of play.	
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